

Sunderland Elementary School Breakfast & Lunch Menu Aug/Sept 2019



Daily Breakfast Offerings:
 Hot Oatmeal, Cold Cereals, Fruit, Juice, & Milk
 A Breakfast Meal Costs: \$1.75 Including Milk

8/28/2019
Breakfast:
 WG Cinnamon Bun
 Choice of Fruit & Milk
Lunch:
 A Favorite!
 Whole Meat Chicken Nuggets
 Baked Fries
 Choice of Fruit & Milk

8/29/2019
Breakfast:
 WG Pancakes
 Choice of Fruit & Milk
Lunch:
 Burger Time!
 Hamburger On A WG Bun, Lettuce, Tomato, Baked Beans
 Choice of Fruit & Milk

8/30/2019
 No School
 Enjoy the Day!

9/2/2019
 No School
 Enjoy the Day!

9/3/2019
Breakfast:
 WG Bagel w/ CC
 Choice of Fruit & Milk
Lunch:
 Italian Classic!
 Meatball Grinder On a WG Bun
 Broccoli
 Choice of Fruit & Milk

9/4/2019
Breakfast:
 WG Choco Chip Muffin
 Choice of Fruit & Milk
Lunch:
 Breakfast Time!
 WG French Toast Sticks
 Sausage
 Carrots
 Choice of Fruit & Milk

9/5/2019
Breakfast:
 WG Waffle Sticks
 Choice of Fruit & Milk
Lunch:
 A BBQ Favorite!
 Hot Dog On a Stick
 Baked Beans
 Choice of Fruit & Milk

9/6/2019
Breakfast:
 WG French Toast Sticks
 Choice of Fruit & Milk
Lunch:
 So Tasty!
 WG Mini Pizza Bagels
 Corn
 Choice of Fruit & Milk

9/9/2019
Breakfast:
 WG Cinnamon Bun
 Choice of Fruit & Milk
Lunch:
 Meatless Monday!
 Cheese Stuffed Shells
 Marinara Broccoli
 Choice of Fruit & Milk

9/10/2019
Breakfast:
 WG Pancakes
 Choice of Fruit & Milk
Lunch:
 Nacho Time!
 Tortilla Chips, Chicken, Beans, Cheese, Salsa, Sour Cream, Corn
 Choice of Fruit & Milk

9/11/2019
Breakfast:
 WG Bagel w/ CC
 Choice of Fruit & Milk
Lunch:
 Pasta Day!
 WG Spaghetti
 Meat Sauce
 Peas
 Choice of Fruit & Milk

9/12/2019
Breakfast:
 WG Choco Chip Muffin
 Choice of Fruit & Milk
Lunch:
 A Favorite!
 Chicken Patty On a WG Bun
 Baked Fries
 Choice of Fruit & Milk

9/13/2019
Breakfast:
 WG Waffle Sticks
 Choice of Fruit & Milk
Lunch:
 A Classic!
 WG Baked Mac n Cheese
 Green Beans
 Choice of Fruit & Milk

9/16/2019
Breakfast:
 WG French Toast Sticks
 Choice of Fruit & Milk
Lunch:
 Something New!
 3 Cheese Calzone, Marinara, Peas
 Choice of Fruit & Milk

9/17/2019
Breakfast:
 WG Cinnamon Bun
 Choice of Fruit & Milk
Lunch:
 So Tasty!
 Whole Meat Chicken Tenders
 Baked Beans
 Choice of Fruit & Milk

9/18/2019
Breakfast:
 WG Pancakes
 Choice of Fruit & Milk
Lunch:
 Yum!
 Chicken & Cheese Quesadilla, Salsa, Sour Cream, Corn
 Choice of Fruit & Milk

9/19/2019
Breakfast:
 WG Bagel w/ CC
 Choice of Fruit & Milk
Lunch:
 A Favorite!
 Baked Potato, WG Roll, Cheese, Meat, Sour Cream, Broccoli
 Choice of Fruit & Milk

9/20/2019
Breakfast:
 WG Choco Chip Muffin
 Choice of Fruit & Milk
Lunch:
 A BBO Favorite!
 Pulled Pork Sandwich On a WG Bun
 Coleslaw
 Choice of Fruit & Milk

9/23/2019
Breakfast:
 WG Waffle Sticks
 Choice of Fruit & Milk
Lunch:
 Breakfast for Lunch!
 Croissant, Egg, & Cheese
 Green Beans
 Choice of Fruit & Milk

9/24/2019
Breakfast:
 WG French Toast Sticks
 Choice of Fruit & Milk
Lunch:
 Taco Tuesday!
 Tacos, Choice of Meat, Cheese, Beans, Salsa, Sour Cream, Corn
 Choice of Fruit & Milk

9/25/2019
Breakfast:
 WG Cinnamon Bun
 Choice of Fruit & Milk
Lunch:
 Hot Diggity Dog!
 Hot Dog On a WG Bun
 Tater Tots
 Choice of Fruit & Milk

9/26/2019
Breakfast:
 WG Pancakes
 Choice of Fruit & Milk
Lunch:
 Fall is Coming!
 Homemade Chicken Soup, Cheesy WG Breadstick, Broccoli
 Choice of Fruit & Milk

9/27/2019
Breakfast:
 WG Bagel w/ CC
 Choice of Fruit & Milk
Lunch:
 Breakfast! Yay!
 WG Pancakes
 Sausage
 Carrots
 Choice of Fruit & Milk

9/30/2019
Breakfast:
 WG Choco Chip Muffin
 Choice of Fruit & Milk
Lunch:
 A Classic!
 Grilled Cheese On WG Bread
 Tomato Soup
 Choice of Fruit & Milk

Daily Alternate Lunches:
 Cheese Pizza
 Grilled Cheese
 Sunbutter & Jelly
 Salad Bar
 A Lunch Meal Costs: \$2.95 Including Milk

Online Payment:
 You can register your Child's School Lunch Account at:
k12paymentcenter.com
 Using Their Lunch Account Number. Please Select Sunderland As Their School District.



Mary Delusa is our Food Service Director. Please Reach out to her if you have any comments, questions, or concerns.
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 Or
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