

# Frontier Regional and Union 38 School Districts

Conway • Deerfield • Sunderland • Whately



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Welcome to the Frontier Regional and Union 38 Schools 2020-2021 Food Service Program. Our Schools offer lunch every day, with Sunderland Elementary School, Conway Grammar School, and Frontier Regional School offering breakfast every day. In accordance to our District's Wellness Policy, in addition to state and federal guidelines, we are committed to high quality nutritious food. We believe that good nutrition is important to the ability to learn. Our menus can be viewed at [www.frsu38.org](http://www.frsu38.org), by selecting your student's school and viewing the menu from their website. Menus are subject to change.

## **Meal Pricing:**

Frontier Regional School – Breakfast \$2.50 and Lunch \$3.00  
Conway Grammar School – Breakfast \$1.75 and Lunch \$2.95  
Deerfield Elementary School – Lunch \$2.95  
Sunderland Elementary School – Breakfast \$1.75 and Lunch \$2.95  
Whately Elementary School – Lunch \$2.95  
Reduced Price Meals All Schools – Breakfast \$0.30 (Sunderland & Frontier) Lunch \$0.40

## **Meal Benefits:**

Your child(ren) may qualify for Free or Reduced priced meals. Please complete the enclosed application to determine your eligibility for these benefits. If you have received a **NOTICE OF DIRECT CERTIFICATION** from the school, you DO NOT have to fill out an application. All student benefits from the previous school year will rollover to this year until October 1<sup>st</sup>, 2020. **New Applications must be completed each year to qualify for FREE or REDUCED priced meals.** Your child's application as soon as we receive it.

In addition to receiving an application on your student's first day of school, application forms are posted to our website, [www.frsu38.org](http://www.frsu38.org), for all households to access, complete, and return to your schools secretary, or to Mary Delusa – Food Service Director, 113 N. Main St. South Deerfield MA 01373, or email to [mary.delusa@frsu38.org](mailto:mary.delusa@frsu38.org).

We encourage all families to apply for the Free/Reduced Lunch Program. Participation in this program directly relates to eligibility for certain federal grants, bringing needed funds to our school lunch program. All information regarding the status of your student/s is completely confidential.

## Frequently Asked Questions

### Who can receive Free or Reduced Priced Meals?

- All children in households receiving benefits from **MA SNAP, MA TAFDC, of specific categories of Medicaid** are eligible for free meals.
- **Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.**
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on the Federal Eligibility Income chart:

## INCOME ELIGIBILITY GUIDELINES

(Effective July 1, 20 – June 30, 202 )

HOUSEHOLD SIZE	Free Meals (130%)					Reduced Price Meals (185%)				
	YEAR	MONTH	Twice per Month	Every Two Weeks	WEEK	YEAR	MONTH	Twice per Month	Every Two Weeks	WEEK
<b>1</b>	<b>\$16,588</b>	<b>\$1,383</b>	<b>\$692</b>	<b>\$638</b>	<b>\$319</b>	<b>\$23,606</b>	<b>\$1,968</b>	<b>\$984</b>	<b>\$908</b>	<b>\$454</b>
<b>2</b>	<b>22,412</b>	<b>1,868</b>	<b>934</b>	<b>862</b>	<b>431</b>	<b>31,894</b>	<b>2,658</b>	<b>1,329</b>	<b>1,227</b>	<b>614</b>
<b>3</b>	<b>28,236</b>	<b>2,353</b>	<b>1,177</b>	<b>1,086</b>	<b>543</b>	<b>40,182</b>	<b>3,349</b>	<b>1,675</b>	<b>1,546</b>	<b>773</b>
<b>4</b>	<b>34,060</b>	<b>2,839</b>	<b>1,420</b>	<b>1,310</b>	<b>655</b>	<b>48,470</b>	<b>4,040</b>	<b>2,020</b>	<b>1,865</b>	<b>933</b>
<b>5</b>	<b>39,884</b>	<b>3,324</b>	<b>1,662</b>	<b>1,534</b>	<b>767</b>	<b>56,758</b>	<b>4,730</b>	<b>2,365</b>	<b>2,183</b>	<b>1,092</b>
<b>6</b>	<b>45,708</b>	<b>3,809</b>	<b>1,905</b>	<b>1,758</b>	<b>879</b>	<b>65,046</b>	<b>5,421</b>	<b>2,711</b>	<b>2,502</b>	<b>1,251</b>
<b>7</b>	<b>51,532</b>	<b>4,295</b>	<b>2,148</b>	<b>1,982</b>	<b>991</b>	<b>73,334</b>	<b>6,112</b>	<b>3,056</b>	<b>2,821</b>	<b>1,411</b>
<b>8</b>	<b>57,356</b>	<b>4,780</b>	<b>2,390</b>	<b>2,206</b>	<b>1,103</b>	<b>81,622</b>	<b>6,802</b>	<b>3,401</b>	<b>3,140</b>	<b>1,570</b>
<b>Each additional family member, add</b>	<b>+5,824</b>	<b>+486</b>	<b>+243</b>	<b>+224</b>	<b>+112</b>	<b>+8,288</b>	<b>+691</b>	<b>+346</b>	<b>+319</b>	<b>+160</b>

**Non-Discrimination Statement:** This explains what to do if you believe you have been treated unfairly.

“In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).